



Fall Volleyball 2024 Coaches Notes

1. Introduction:

Brandon Hebert - General Manager/Sports Director

Email: bhebert@fieldhouseusa.com

Channing Starks – Site Coordinator

Email: cstarks@fieldhouseusa.com

2. Paperwork:

- Practice Request Form – Due Friday August 30th by 12:00pm Noon:
 - Please provide 3 options that work for your team.
 - Practices begin at the top of each hour
 - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
 - Practices are 55 minutes
 - Each team receives a weekly half court practice
 - Full court or additional weekly practice: \$225 for the season (not guaranteed)
- Team Conflict Form – Due Friday August 30th by 12:00pm Noon:
 - Form needed when whole/majority of team cannot make a specific dates/day.
 - Form is **NOT** intended for when 1 or 2 players cannot attend specific dates/day.
 - Cannot guarantee full weekends off.
 - Cannot guarantee all request.
 - Need to know times that team cannot make specific days (Example: Saturdays 8:00am to 10:30am). Please be specific!
- Division Request - Due Friday August 30th by 12:00pm Noon:
 - Select division where you believe your team best fits
 - We use past playing history/records along with coach request to place teams in divisions
 - FieldhouseUSA has final say in divisions
- Game Move Request Form:
 - Game move request form is needed once game schedule is released and a specific game on the schedule presents a conflict for your team causing the team to forfeit.
 - **Games must be moved 1 week prior to their original scheduled game date.**
 - Both teams must agree upon time proposed by director.
 - Turn in completed form ASAP if you have a game on your schedule that presents a conflict.



3. Rosters:

- All information boxes need to be filled out if players are new/never played at FieldhouseUSA
- Please contact all players on roster within 48 hours of receiving team roster.
 - Call/email parents
 - Create a team GroupMe or group message
- You may add players to teams and finalize your roster until 3rd week of season. Final day to add players is Sunday September 22nd
- **Rosters are the coach's responsibility to make sure they are correct.**
- Players can only play on one team per grade level – NO exceptions

4. Practice Schedule/Practices:

- **Practice Schedule will be released no later than end of day Saturday August 31st**
- Scheduled practices will begin the week September 2nd
- Each team will receive a weekly 55-minute, half-court practice
- Practices will be held on Labor Day, we are open.
- Practice preference – priority goes from youngest to oldest (grade-wise) when creating league practice schedule.
- Practices start at the top of every hour
 - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
- No Practice Teams - Still submit a practice request form indicating you do not need a practice.
- Teams will not be placed on practice schedule if you do not turn in a practice request form.
- 4:00pm practices will be upgraded to a full court practice. First come first serve based on availability.

5. Game Schedule/Games:

Round 1	September 13 - 15, 2024 (Fri, Sat, Sun)
Round 2	September 20 & 22, 2024 (Fri & Sun)
Round 3	September 21, 2024 (Sat)
Round 9	September 27 - 29, 2024 (Fri, Sat, Sun)
Round 4	October 4 & 6, 2024 (Fri & Sun)
Round 5	October 11 & 13, 2024 (Fri & Sun)
Round 6	October 18 & 20, 2024 (Fri & Sun)
Round 7	October 25 & 27, 2024 (Fri & Sun)
Round 8	November 1 & 3, 2024 (Fri & Sun)
Round 10	November 8 (Fri)
Playoffs	November 9 - 10, 2024 (Sat & Sun)



- **Game Schedule will be released no later than end of day Sunday September 2nd**
- Games will begin the weekend of September 6th
- Games will end the weekend of November 8th
- Teams will be scheduled 8 regular season games
- All teams (3rd grade and older) make playoffs/post-season play for the fall season
- Games can be played on Friday evenings, All day Saturday, or Sunday afternoons.
 - Friday – earliest start 6:00pm – 10:00pm
 - Saturday – earliest start 8:00am – 9:00pm
 - Sunday – earliest start 12:00pm – 8:00pm

6. Ball Size:

- Game ball will be provided by the home team
 - 1st grade thru 5th grade will play with a Volley Lite ball
 - 6th grade thru 8th grade will play with a regulation leather volleyball

7. Net Heights

- 1/2nd Grade – 6 Foot
- 3/4th Grade - 6 Foot 6 Inches
- 5/6th Grade - 7 Foot
- 7/8th Grade – 7 Foot 4 Inches

8. Service Lines

- 1/2nd Grade – 10 Feet from net (The End line will be 20 feet from the net)
- 3/4th Grade – 15 Feet from the Net (Regulation End Line)
- 5/6th Grade Rec – 20 Feet from Net (Regulation End Line)
- 5/6th Competitive – Regulation Serve Line
- 7th/8th Grade – Regulation Serve Line

9. Rotations/Substitutions

- 1st grade – 6th grade Recreation Volleyball – Use continuous clockwise rotation into the back middle position after a serve. Rotations do not reset between games.
- 7/8th Grade will use regulation volleyball rules. We allow teams to have 18 subs per game and can use liberos. Liberos must have a shirt that is a different color than the rest of the team.
- 1 Time out per match (3 timeouts total for the full game)



10. Uniforms: (Appearances)

- Jerseys will be provided for the fall season
- Jerseys must be same color
- Only a unique, permanent number on the back is required (00 – 99)
- If there are duplicate numbers on the same team, game will start with a bench technical (Shoot 2 FT, and the ball)
- Preferred reversible jerseys (light & dark)

11. Posted Scores

- Scores will be posted online at the end of every night
- It is the responsibility of each coach to check the scores online and notify the director if a score is not correct
- At the conclusion of the season, all scores will stand that were not reported to be incorrect by the last game of the season.

12. Referees:

- They will make mistakes. We are providing training to help educate and make them better referees.
- Approach referees and timekeepers with respect at all times
- Issues - ask front desk for an incident report; if serious ask for site coordinator
- Each team must provide a line judge for the game (16 or older)

13. General FieldhouseUSA Facility Rules:

- No outside food or drink in the facility (sport drinks/waters ok for players to bring in)
- No outside coolers
- Please hold ALL basketballs, volleyballs, soccer balls, footballs, etc. in the lobby and do not bounce or throw them against the wall while inside the facility.
- Clean up team benches after each game and practice.

14. Coaches & Parent Conduct

- Each team will provide 1 table worker for the game. Home team will provide the score keeper and the visiting team will provide the clock worker.
- Coaches will be held responsible for the actions of their parents
- Spectators are NOT ALLOWED to enter the court of play for any reason. This includes before the game, during the game or after the game has concluded.
- If FieldhouseUSA has any issue with a parent, fan or spectator on your team, the team will be given 2 options:
 - Team will be required to present an incident report with that fan's information. FHUSA will investigate the situation and the fan will be banned indefinitely



- If the team does not provide the fan's information and an incident report, the team will be handed sanctions including team suspensions, team expulsions and permanent removal from all FHUSA facilities.