FieldhouseUSA Volleyball Guidelines

Game Play

- Game Slots will be in 70-minute slots
 - o Games played: Weekends (Friday Night / Saturdays / Sunday afternoons)
- Teams will still play the best of 3 games (First two games are to 25 and if the third game is needed, that game is to 15)
- Each team will still need to provide one person as a line judge for the game (14 years or older)
- Teams will not shake hands before and after the game
- We will no longer have a coin toss before the game. Home team chooses if they want to serve or receive and visiting team will choose the bench they want for that game
- Teams will stay on one bench the entire game (No switching in-between games)
- Line judges do not need to use flags (Just use hand signals)
- Disinfectant will be provide to clean volleyballs in between each set. Home team provides game ball
- Players should refrain from contacting other participants outside of regular game play (High Fives and Huddles)

Entering and Exiting the Facility

- All Players, Coaches and Officials will be required to have their temperature taken before they are allowed to enter the facility. If their temperature is over 100.0 degrees Fahrenheit they will be re-tested once after a 5 minute waiting period. If the temperature is still above 100 degree they will not be able to enter the facility.
- <u>ALL</u> Volleyball participants and spectators must enter the building thru the Main doors of the building. Follow ENTER and EXIT signs
- ALL FieldhouseUSA players and spectators will be REQUIRED to wear a face mask or face
 covering to enter the facility. Players and coaches are not required to wear a face mask on the
 court, but it is strongly recommended.
- FieldhouseUSA will allow immediate household family members of participants to attend scheduled FieldhouseUSA activities. Spectators of the same household are asked to sit together and maintain social distancing from other spectators. You <u>MUST</u> enter the building with the uniformed player. If you are not entering the building with a uniformed player, you <u>WILL NOT</u> be granted access into the building. Children MUST remain with their parents at all times while in the facility to ensure that Return to Play procedures and COVID-19 precautions are being maintained.
- Bleachers will not be provided for games and spectators are allowed to bring their personal lawn chairs to sit on designated markers.
- To limit the number of people in the facility, FieldhouseUSA asks that Parents NOT attend
 practice if possible. If you have younger players or if it is necessary for you to attend, it will be
 allowed. FieldhouseUSA will not allow you to enter the facility no more than 15 minutes before
 the start of each activity.

- All Coaches entering the facility MUST present a valid Coaches ID upon entering the facility. You
 will not count towards the spectator number as long as you present the valid Coaches' ID. You
 WILL NOT be allowed to enter the building and coach your team unless you present the ID and
 are listed on the team roster as a coach and there can be no exceptions as we must follow
 occupancy guidelines. Coaches' ID cards will be issued to 2 coaches per team.
- Teams and spectators will be admitted entrance into the facility no sooner than 15 minutes
 prior to the scheduled start time of your teams' game slot and front doors will remain closed
 and locked until entry is allowed. This will provide FH with adequate time to have all prior
 participants and spectators exit the facility. This also provides FH with adequate time to disinfect
 playing surfaces between games.

During Gameplay

- ALL spectators will remain outside of the playing field during game times. Only coaches with a
 valid coaches' ID will be allowed on the playing field during the game time.
- We will not have bleachers next to the court for seating. Spectators are allowed to bring in their own chair for the game. We have placed an "X" on the floor and spectators may either place their chair on the "X" or they can stand there. All spectators must be on an X to watch the game.

Food and Drink

- We strongly recommend that each player bring their own water bottle in the facility. Players and spectators <u>WILL NOT</u> have access to the water fountains during this time for safety purposes.
- NO OUTSIDE FOOD will be allowed into the facility. NO EXCEPTIONS!
- There will be options inside the building for you to purchase water/sports drinks in the facility.

Restrooms

- ALL Volleyball players, coaches and spectators will have access to only the lobby restrooms of the facility. Family restrooms will be reserved for emergencies ONLY.
- Please wash your hands properly after using the restroom and before returning to the common area. Disinfectant soap will be located in each restroom.3

Personal Protective Equipment (PPE)

- FieldhouseUSA recommends that all spectators and coaches wear face mask while in the facility.
- FieldhouseUSA <u>recommends</u> that all players, coaches and spectators have their own hand sanitizer for personal use. FieldhouseUSA will not be providing hand sanitizer, however we do have soap and water in all bathrooms available.

Exiting the Facility

All items <u>MUST</u> be removed from the bench area once a game concludes. Coaches and Players
are asked to help pick up water bottles, warm ups, shoes, and other items at the conclusion of
each game or practice. It's the responsibility of the coach and players to remove all items
following their game. FieldhouseUSA Staff will discard <u>ALL</u> materials left in the bench areas
immediately after the conclusion of each game for safety purposes. No lost & found will be kept.

- At the conclusion of your game, ALL players, coaches, and spectators need to exit the facility as quickly as possible. Any team meetings need to be done outside of the facility to allow FieldhouseUSA staff adequate time to sanitize the playing area and entry for the next teams.
- Once teams leave the field of play FH Staff will begin cleaning the common use areas.