



Fall Basketball 2023 Coaches Meeting Notes

1. Introduction:

Brandon Hebert - General Manager

Email: bhebert@fieldhouseusa.com

Channing Starks – Sports Director

Email: cstarks@fieldhouseusa.com

2. Paperwork:

- Practice Request Form – Due Friday September 1st by 12:00pm Noon:
 - Please provide 3 options that work for your team.
 - Practices begin at the top of each hour
 - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
 - Practices are 55 minutes
 - Each team receives a weekly half court practice
 - Full court or additional weekly practice: \$225 for the season (not guaranteed)
- Team Conflict Form – Due Friday September 8th by 12:00pm Noon:
 - Form needed when whole/majority of team cannot make a specific dates/day.
 - Form is **NOT** intended for when 1 or 2 players cannot attend specific dates/day.
 - Cannot guarantee full weekends off.
 - Cannot guarantee all request.
 - Need to know times that team cannot make specific days (Example: Saturdays 8:00am to 10:30am). Please be specific!
- Division Request - Due Friday September 8th 1st by 12:00pm Noon:
 - Select division where you believe your team best fits
 - We use past playing history/records along with coach request to place teams in divisions
 - FieldhouseUSA has final say in divisions
- Game Move Request Form:
 - Game move request form is needed once game schedule is released and a specific game on the schedule presents a conflict for your team causing the team to forfeit.
 - Games must be moved 1 week prior to their original scheduled game date.
 - Both teams must agree upon time proposed by director.
 - Turn in completed form ASAP if you have a game on your schedule that presents a conflict.



3. Rosters:

- All information boxes need to be filled out if players are new/never played at FieldhouseUSA
- Please contact all players on roster within 48 hours of receiving team roster.
 - Call/email them
 - Create a team GroupMe or group message
- You may add players to teams and finalize your roster until 3rd week of season. Final day to add players is Sunday October 1st
- **Rosters are the coach's responsibility to make sure they are correct.**
- Players can only play on one team per grade level – NO exceptions

4. Practice Schedule/Practices:

- **Practice Schedule will be released no later than end of day Saturday September 2nd**
- Scheduled practices will begin the week September 4th
- Each team will receive a weekly 55-minute, half-court practice
- Practices will be held on Labor Day, we are open.
- Practice preference – priority goes from youngest to oldest (grade-wise) when creating league practice schedule.
- Practices start at the top of every hour
 - 4pm, 5pm, 6pm, 7pm, 8pm, & 9pm
- No Practice Teams - Still submit a practice request form indicating you do not need a practice.
- Teams will not be placed on practice schedule if you do not turn in a practice request form.
- 4:00pm practices will be upgraded to a full court practice. First come first serve based on availability.

5. Game Schedule/Games:

- **Game Schedule will be released no later than end of day Sunday September 4th**
- Games will begin the weekend of September 15th
- Games will end the weekend of November 5th
- Teams will be scheduled 8 regular season games
- No playoffs/post-season play for the fall season
- Games can be played on Friday evenings, All day Saturday, or Sunday afternoons.
 - Friday – earliest start 6:00pm – 10:00pm
 - Saturday – earliest start 8:00am – 9:00pm
 - Sunday – earliest start 12:00pm – 8:00pm



6. Ball Size:

- Game ball will be provided by the home team
 - Kindergarten - 3rd grade; Junior Ball (27.50)
 - 4th - 5th grade boys; 28.5 ball (Girls/Intermediate Ball)
 - 6th grade boys & above; 29.5 ball (Official Ball)
 - 4th grade girls & above; 28.5 Ball (Girls/Intermediate Ball)

7. Playing Time Rules

- Kindergarten - 2nd Grade:
 - (4) 10-minute quarters; running clock (stop clock last 2 minutes of 2nd & 4th quarter)
 - Players **MUST** play 50% of each half (16 minutes total for entire game)
- 3rd - 12th Grade:
 - (4) 10-minute quarters; running clock (stop clock last 2 minutes of 2nd & 4th quarter)
 - Players **MUST** play 25% of each half (10 minutes total for entire game)
- 1 minute break between quarters – 2 minute break at half time
- Overtime
 - No over time for Kindergarten - 2nd Grade
 - Sudden death overtime for 3rd – 12th Grade. (First team to score wins the game)

8. Free Throw Line

- Kindergarten-1st Grade
 - From the line closest to the basket
- 2nd-3rd Grade
 - From the hash in front of the regulation free throw line
- 4th-12th Grade
 - Regulation free throw line

9. Pressing Rules

- Kindergarten-2nd Grade
 - No backcourt defensive pressure
 - No pressure until offensive team makes initial penetration over THE RED LINE
 - Once ball control has been established on a rebound, the defensive team must release.
 - No Zone defense. Team must match up man to man
- 3rd Grade
 - No backcourt defensive pressure
 - Once ball control has been established on a rebound, the defensive team must release.
No pressure until ball has passed half court.



- 4th Grade - 5th Grade
 - First Half
 - No backcourt defensive pressure
 - Once ball control has been established on a rebound, the defensive team must release. No pressure until ball has passed half court.
 - Second Half
 - Full court pressure is permitted in 2nd half, unless team is up by 15 points or more
- 6th Grade - 12th Grade
 - Full court pressure is permitted the entire game, unless team is up by 15 points or more

10. Uniforms: (Appearances)

- Teams must provide their own jerseys
- Jerseys must be same color
- Only a unique, permanent number on the back is required (00 – 99)
- If there are duplicate numbers on the same team, game will start with a bench technical (Shoot 2 FT, and the ball)
- Preferred reversible jerseys (light & dark)

11. Posted Scores

- Each team will provide 1 table worker to work the score clock or keep the official stat book. Table will only have to keep track of running score, team fouls, player fouls, and timeouts.
- Coaches will now be required to sign the scoresheet at the conclusion of the game and be sure the final score is entered correctly on the scoresheet.
- Scores will be posted online at the end of every night
- It is the responsibility of each coach to check the scores online and notify the director if a score is not correct
- Every age group has a maximum **point differential of 15 points** when we input the scores
- At the conclusion of the season, all scores will stand that were not reported to be incorrect by the last game of the season.

12. Referees:

- They will make mistakes. We are providing training to help educate and make them better referees.
- Approach referees and timekeepers with respect at all times
- Issues - ask front desk for an incident report; if serious ask for site coordinator
- Nothing can be done during the game for call or score changes. The site coordinator is there to ONLY observe and take notes to pass along to official assignor & ref supervisors



- We have referee supervisors on site. Ask from them to come watch and observe the officiating if you feel the officiating is not on par. They provide feedback on our refs to our official assignor and can answer questions on basketball rules.

13. General FieldhouseUSA Facility Rules:

- No outside food or drink in the facility (sport drinks/waters ok for players to bring in)
- No outside coolers
- Please hold ALL basketballs, volleyballs, soccer balls, footballs, etc. in the lobby and do not bounce or throw them against the wall while inside the facility.
- Clean up team benches after each game and practice.

14. Coaches & Parent Conduct

- Each team will provide 1 table worker for the game. Home team will provide the score keeper and the visiting team will provide the clock worker.

- Coaches will be held responsible for the actions of their parents

- Spectators are NOT ALLOWED to enter the court of play for any reason. This includes before the game, during the game or after the game has concluded.

- If FieldhouseUSA has any issue with a parent, fan or spectator on your team, the team will be given 2 options:

- 1) Team will be required to present an incident report with that fan's information. FHUSA will investigate the situation and the fan will be banned indefinitely o
- 2) If the team does not provide the fan's information and an incident report, the team will be handed sanctions including team suspensions, team expulsions and permanent removal from all FHUSA facilities.